

**CANTEEN MENU**

**TERM 4, 2025**

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|  | **RECESS** |  | **LUNCH** |  |
| **MONDAY** | Nachos (V) (GF) | $5.00 | Beef Burger (H) | $6.50 |
| **TUESDAY** | Nachos (V) (GF) | $5.00 | Mac’n’cheese (V)  Pasta Bolognaise  2 pieces of garlic bread (V) | $7.50  $7.50  $0.50 |
| **WEDNESDAY** | Nachos (V) (GF) | $5.00 | Pizza Pitas (Margherita (V) /Hawaiian) | $6.50 |
| **THURSDAY** | Egg/Bacon/Cheese muffin | $5.00 | Beef meatball & Cheese Sub | $7.50 |
| **FRIDAY** | Egg/Bacon/Cheese muffin | $5.00 | Lamb/Chicken souvlaki | $9.00 |

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| **SUSHI** |  | **SALADS** | | **WRAPS / SANDWICHES** | |
| Sushi – Chicken teriyaki / Cooked tuna / California roll  Twin (2 pieces)  ***(Tuesday to Friday only)*** | $7.00 | Garden Salad (V)  Garden Salad w Tuna  Garden Salad w Chicken  Caesar Salad  Caesar Salad w Chicken  Spicy tuna pasta  Greek Salad(V)  Basil Pesto Salad (V)(N) | $7.00  $8.00  $8.00  $7.00  $8.00  $5.00  $8.00  $5.00 | ½ Wrap Roast Chicken & Salad  Cheese & Tomato Sandwich (V)  Chicken Mix Sandwich  Egg & Lettuce Sandwich (V)  Ham & Cheese Sandwich  Curried Egg & Lettuce Sandwich(V) | $4.00  $5.50  $5.50  $5.50  $5.50  $5.50 |

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| **HOT FOOD** | | **SNACKS** | | **DRINKS** | |
| Chicken Wrap – Plain  Chicken Wrap - Sweet Chilli  Falafel & Hommus Wrap (VE)  Steamed Dumplings   * Prawn & Chive * Vegetable (VE) (V)   Pie – Beef / Beef (H)  Pie – Shepherds  Pastie – Meat / Beef (H)  Pastie – Vegetable (V) Jumbo sausage roll  Spinach & cheese roll (V)  Hot Dog with cheese / sauce/mustard  Hot dog with sauce/mustard  Noodles--Chicken/Beef(VE/V)  Shin Cup Noodles (VE/V)  Soon Veggie Noodles (VE/V)  Scroll – Vegemite/Cheese (V)  Scroll – Spinach/Ricotta (V)  Chicken Goujons (4 pieces)  Pastizzi (Apple)  Pastizzi (Ricotta)(V)  Steamed Dim Sims  Hash Brown (VE/V) | $7.50  $7.50  $7.50  $5.00  $5.00  $5.00  $5.00  $5.00  $5.00  $5.00  $5.00  $5.50  $5.00  $4.00  $4.00  $4.00  $4.00  $4.00  $3.50  $1.50  $1.50  $1.20  $1.50 | Fresh fruit salad cup(V)(VE)  Watermelon cup (V)(VE)  Jelly cups  Microwave popcorn (V)(VE)  Red Rock Deli chips (GF)   * Honey Soy Chicken * Sea Salt (VE) * Sweet Chilli (V)   Choc chip cookie  Gingerbread  Banana & Chocolate  Muffin (Tues/Wed only)  Choc brownie (Thurs/Fri only)  Cheese Triangles (V)  Veggie sticks (VE) (V)  Hommus Dip (VE)(V) | $4.50  $4.50  $1.50  $2.00  $2.50  $2.50  $2.50  $2.50  $2.50  $2.50  $2.50  $0.50  $1.00  $1.00 | Hot Tea – varieties  Waterford Water 600ml  Cool Ridge Water 600ml  Cool Ridge Water 750ml  Berri Juice 500ml Orange/Apple  Pop Top Apple & Blackcurrant  500ml Dare Ice Mocha/Coffee  Big M 300ml – Strawberry  Big M 300ml – Chocolate  375ml cans no sugar soft drink  600ml bottles no sugar soft drink  Active Gatorade 600ml  Breakfast Up & Go – varieties  Light Peach/Lemon Iced Tea | $1.50  $2.00  $3.00  $4.00  $4.50  $3.00  $4.50  $3.50  $3.50  $3.00  $4.00  $5.00  $3.50  $4.50 |
| **EXTRAS / OTHER** | | **ICECREAMS** | |
| Soy sauce (GF)  Tomato sauce (VE)  Italian salad dressing (V/VE)  Sweet chilli sauce (V/VE)  Caesar dressing  Tissues | $0.20  $0.30  $0.30  $0.50  $0.50  $1.00 | Golden Gaytime  Paddle Pop Rainbow/Choc  Everest Cup Ice-creams  Cyclone  Calippo  Zooper Dooper  Frozen Yoghurt Cups (GF) | $4.50  $3.00  $3.00  $3.50  $2.50  $1.00  $3.50 |

**V = Vegetarian option available**

**VE = Vegan option available**

**GF = Gluten Free option available**

**H = Halal option available**

**N= Nuts**



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*NOTE: OUR PRODUCTS CONTAIN, MAY CONTAIN OR COME IN CONTACT WITH MILK, WHEAT,NUTS, SOY,GLUTEN AND OTHER ALLERGENS*